

2017 Metro East Boys Conference Meet at Tartan May 23 & 25

| | |
|----------------------|-------|
| 1. Mahtomedi | 159 |
| 2. Hastings | 123 |
| 3. Simley | 109.5 |
| 4. Henry Sibley | 97.5 |
| 5. St Thomas Academy | 86 |
| 6. North St. Paul | 75 |
| 7. Tartan | 21 |
| 7. Hill-Murray | 21 |
| 9. South St. Paul | 9 |

100 Meters Varsity - Finals

| PL | YR | Name | Mark | Team |
|----|----|----------------|--------|-------------|
| 1. | 12 | Joel Woja | 11.31a | Simley |
| 2. | 12 | Jalen Frye | 11.46a | Mahtomedi |
| 3. | 10 | Devon Richards | 11.47a | Simley |
| 4. | 12 | Liam Cashin | 11.49a | Mahtomedi |
| 5. | 12 | Nick Gannon | 11.62a | Hill-Murray |
| 6. | 12 | Ovie Embu | 11.66a | Hastings |
| 7. | 12 | Josh Miser | 11.77a | Hastings |
| 8. | 12 | KeShawn Wilson | 17.79a | Simley |

100 Meters Varsity - Prelims

| PL | YR | Name | Mark | Team |
|-----|----|------------------|--------|-------------------|
| 1. | 12 | Joel Woja | 11.17a | Simley |
| 2. | 12 | Ovie Embu | 11.38a | Hastings |
| 3. | 10 | Devon Richards | 11.47a | Simley |
| 5. | 12 | KeShawn Wilson | 11.51a | Simley |
| 6. | 12 | Nick Gannon | 11.52a | Hill-Murray |
| 6. | 12 | Liam Cashin | 11.52a | Mahtomedi |
| 8. | 12 | Josh Miser | 11.56a | Hastings |
| 9. | 11 | Avonte Bailey | 11.57a | Hastings |
| 4. | 12 | Jalen Frye | 11.64a | Mahtomedi |
| 10. | 12 | Tito Massaly | 11.77a | North St. Paul |
| 11. | 11 | Khia Vue | 11.81a | St Thomas Academy |
| 12. | 11 | Nitia Fernandez | 11.85a | North St. Paul |
| 13. | 12 | Mason Rutgers | 11.99a | St Thomas Academy |
| 14. | 12 | Miftah Hassan | 12.00a | North St. Paul |
| 15. | 12 | Charles Anderegg | 12.04a | St Thomas Academy |
| 16. | 11 | Cyrus Kalkwarf | 12.14a | Tartan |
| 17. | 12 | Gallegos Nathan | 12.17a | South St. Paul |
| 18. | 10 | Mike Jones | 12.29a | South St. Paul |
| 18. | 12 | Sam Henkes | 12.29a | Hill-Murray |
| 20. | 12 | Abajuwodo Kuwot | 12.31a | Mahtomedi |
| 21. | 10 | Gabe Delmont | 12.38a | Henry Sibley |
| 22. | 10 | Riley Gannon | 12.47a | Hill-Murray |
| 22. | 11 | Chase Bentson | 12.47a | South St. Paul |
| 24. | 9 | Derek Dean | 12.55a | Henry Sibley |
| 25. | 11 | Isakar Lopez | 12.62a | Tartan |
| 26. | 12 | Lukas Bergstrom | 12.75a | Henry Sibley |

200 Meters Varsity - Finals

| PL | YR | Name | Mark | Team |
|----|----|----------------|--------|--------------|
| 1. | 12 | Joel Woja | 22.70a | Simley |
| 2. | 12 | Liam Cashin | 23.28a | Mahtomedi |
| 3. | 10 | Devon Richards | 23.45a | Simley |
| 4. | 11 | John Sass | 23.67a | Mahtomedi |
| 5. | 11 | Avonte Bailey | 23.78a | Hastings |
| 6. | 12 | Alex King | 23.82a | Hastings |
| 7. | 12 | Sakai Kelly | 24.16a | Henry Sibley |
| 8. | 12 | Jalen Frye | 24.67a | Mahtomedi |

200 Meters Varsity - Prelims

| PL | YR | Name | Mark | Team |
|----|----|------|------|------|
|----|----|------|------|------|

| | | | | |
|-----|----|-----------------|--------|-------------------|
| 1. | 12 | Joel Woja | 22.17h | Simley |
| 2. | 12 | Liam Cashin | 22.86h | Mahtomedi |
| 3. | 12 | Sakai Kelly | 22.94h | Henry Sibley |
| 4. | 10 | Devon Richards | 22.97h | Simley |
| 5. | 12 | Alex King | 23.07h | Hastings |
| 6. | 12 | Jalen Frye | 23.17h | Mahtomedi |
| 7. | 11 | Avonte Bailey | 23.27h | Hastings |
| 8. | 11 | John Sass | 23.34h | Mahtomedi |
| 9. | 11 | Nitia Fernandez | 23.36h | North St. Paul |
| 10. | 10 | Zak Olafson | 23.37h | Henry Sibley |
| 11. | 12 | Ovie Embu | 23.44h | Hastings |
| 12. | 11 | Seth Olson | 23.46h | St Thomas Academy |
| 13. | 12 | Tito Massaly | 23.47h | North St. Paul |
| 14. | 12 | Louis Dinzeo | 23.54h | Hill-Murray |
| 15. | 12 | Mason Rutgers | 23.66h | St Thomas Academy |
| 16. | 12 | Nick Gannon | 23.74h | Hill-Murray |
| 17. | 11 | Cyrus Kalkwarf | 23.97h | Tartan |
| 18. | 11 | Riley Miller | 24.27h | St Thomas Academy |
| 18. | 11 | Tate Schilling | 24.27h | Henry Sibley |
| 20. | 12 | Sam Henkes | 24.96h | Hill-Murray |
| 21. | 11 | Cade Sexauer | 24.97h | South St. Paul |
| 22. | 11 | Joe Marlow | 25.07h | South St. Paul |
| 23. | 12 | Nathan Gallegos | 25.14h | South St. Paul |
| 24. | 12 | Jake Michel | 25.37h | North St. Paul |
| 25. | 12 | KeShawn Wilson | 25.76h | Simley |

400 Meters Varsity - Finals

| PL | YR | Name | Mark | Team |
|----|----|----------------|-----------|-------------------|
| 1. | 12 | Joel Woja | 49.34a SR | Simley |
| 2. | 12 | Sakai Kelly | 50.57a PR | Henry Sibley |
| 3. | 12 | Jacob Brown | 50.83a PR | Hastings |
| 4. | 12 | Louis Dinzeo | 51.57a SR | Hill-Murray |
| 5. | 10 | Devon Richards | 52.12a | Simley |
| 6. | 12 | Nate Jamison | 52.19a SR | Mahtomedi |
| 7. | 12 | Kenny Wright | 52.26a PR | St Thomas Academy |
| 8. | 11 | Josh Lewanski | 52.50a PR | Hastings |

400 Meters Varsity - Prelims

| PL | YR | Name | Mark | Team |
|-----|----|------------------|--------|-------------------|
| 1. | 12 | Joel Woja | 50.34a | Simley |
| 2. | 12 | Sakai Kelly | 51.56a | Henry Sibley |
| 3. | 10 | Devon Richards | 52.07a | Simley |
| 5. | 12 | Louis Dinzeo | 52.14a | Hill-Murray |
| 4. | 12 | Jacob Brown | 52.30a | Hastings |
| 6. | 11 | Josh Lewanski | 52.78a | Hastings |
| 7. | 12 | Kenny Wright | 52.85a | St Thomas Academy |
| 8. | 12 | Nate Jamison | 53.02a | Mahtomedi |
| 9. | 12 | Xavier Pinex | 53.66a | Tartan |
| 10. | 10 | Anthony Bruce | 55.33a | South St. Paul |
| 11. | 12 | Victor Lindgren | 55.35a | Hastings |
| 12. | 12 | Anthony Hurley | 55.41a | Hill-Murray |
| 13. | 12 | Gavin Cunningham | 55.76a | South St. Paul |
| 14. | 11 | Riley Miller | 55.79a | St Thomas Academy |
| 15. | 9 | Rodney Thompson | 55.83a | Simley |
| 16. | 10 | Joseph Newman | 56.57a | Mahtomedi |
| 17. | 10 | David Blasena | 56.76a | Mahtomedi |
| 18. | 11 | Koffi Adu | 56.79a | North St. Paul |
| 19. | 10 | Jacob Mudek | 56.91a | North St. Paul |
| 20. | 10 | Brad Alton | 57.31a | Henry Sibley |
| 21. | 9 | Sem Yebyo | 57.70a | South St. Paul |
| 22. | 11 | Jimmy Elander | 57.86a | Henry Sibley |
| 23. | 11 | Brett Gulyash | 57.98a | North St. Paul |
| 24. | 11 | Conor McManus | 58.22a | St Thomas Academy |
| 25. | 10 | Adam Bennett | 58.79a | Hill-Murray |

800 Meters Varsity - Finals

| PL | YR | Name | Mark | Team |
|-----|----|-------------------|-------------|-------------------|
| 1. | 9 | Isaac Huntington | 1:59.35a PR | Hastings |
| 2. | 12 | Jack Korte | 1:59.63a PR | Henry Sibley |
| 3. | 12 | Joe Dill | 2:01.04a PR | Henry Sibley |
| 4. | 11 | Ethan Henseler | 2:02.64a PR | Hill-Murray |
| 5. | 11 | Amanuel Bird | 2:04.24a | St Thomas Academy |
| 6. | 12 | Gabe Segura | 2:05.37a | Henry Sibley |
| 7. | 12 | William Tuttle | 2:06.02a | Mahtomedi |
| 8. | 11 | Alex Watts | 2:07.81a | St Thomas Academy |
| 9. | 10 | Luigi Viggiano | 2:08.11a | Mahtomedi |
| 10. | 11 | Matthew Heimerman | 2:09.27a | Hill-Murray |
| 11. | 12 | Daniel Williams | 2:15.00a | Hastings |
| | 11 | Griffin Gagnier | DNS | St Thomas Academy |

800 Meters Varsity - Prelims

| PL | YR | Name | Mark | Team |
|-----|----|------------------------|----------|-------------------|
| 1. | 12 | Jack Korte | 1:59.67a | Henry Sibley |
| 2. | 12 | Joe Dill | 2:01.36a | Henry Sibley |
| 3. | 9 | Isaac Huntington | 2:03.31a | Hastings |
| 4. | 11 | Ethan Henseler | 2:03.79a | Hill-Murray |
| 5. | 11 | Amanuel Bird | 2:03.93a | St Thomas Academy |
| 7. | 11 | Alex Watts | 2:04.41a | St Thomas Academy |
| 8. | 12 | William Tuttle | 2:04.62a | Mahtomedi |
| 9. | 12 | Gabe Segura | 2:05.14a | Henry Sibley |
| 10. | 11 | Griffin Gagnier | 2:05.44a | St Thomas Academy |
| 11. | 12 | Daniel Williams | 2:06.55a | Hastings |
| 12. | 10 | Luigi Viggiano | 2:06.58a | Mahtomedi |
| 6. | 11 | Matthew Heimerman | 2:06.83a | Hill-Murray |
| 13. | 11 | Alec Jann | 2:07.99a | Mahtomedi |
| 14. | 9 | Daniel Brown | 2:08.79a | Hastings |
| 15. | 12 | Patrick Lupelow | 2:11.39a | Tartan |
| 16. | 12 | Cole Soular | 2:12.52a | North St. Paul |
| 17. | 12 | Edward Olson-Enamorado | 2:17.31a | North St. Paul |
| 18. | 9 | Grant Dilla | 2:17.39a | Simley |
| 19. | 12 | Ryan Isrealson | 2:19.65a | Tartan |
| 20. | 9 | Elias Contreras | 2:21.44a | South St. Paul |
| 21. | 12 | Brian Torres | 2:24.34a | Simley |
| 22. | 11 | Ermias Yebyo | 2:24.74a | South St. Paul |
| 23. | 12 | Jake Luczak | 2:27.33a | North St. Paul |
| 24. | 12 | Abdi Abdiraham | 2:31.51a | South St. Paul |
| 25. | 12 | Jonathan Mortensen | 2:31.53a | Tartan |
| 26. | 8 | Gabe Alvear | 2:36.30a | Simley |
| 27. | 11 | Will Fabian | 2:36.68a | Hill-Murray |

1600 Meters Varsity - Finals

| PL | YR | Name | Mark | Team |
|-----|----|--------------------|-------------|-------------------|
| 1. | 12 | Jack Korte | 4:28.60a | Henry Sibley |
| 2. | 11 | Myles Fleming | 4:33.50a | Henry Sibley |
| 3. | 10 | Luke Kolar | 4:39.84a PR | St Thomas Academy |
| 4. | 11 | David Nogle | 4:42.31a | Hastings |
| 5. | 9 | Jakub Youngstrom | 4:43.55a PR | Hastings |
| 6. | 11 | Ryan Tracy | 4:43.82a PR | St Thomas Academy |
| 7. | 11 | Griffin Myers | 4:46.88a | Hastings |
| 8. | 9 | Brock Bertelsen | 4:47.09a PR | Tartan |
| 9. | 9 | Bennett Challifour | 4:53.40a PR | Henry Sibley |
| 10. | 10 | Ben Lundsten | 4:59.08a PR | Mahtomedi |
| 11. | 11 | Nathaniel Alemu | 4:59.59a PR | Tartan |
| 12. | 11 | Timothy Wilmot | 5:00.54a PR | Simley |
| 13. | 11 | Andrew Accola | 5:00.68a PR | Tartan |
| 14. | 9 | Ethan Barr | 5:01.56a PR | Mahtomedi |
| 15. | - | Danny Rodriguez | 5:04.79a PR | South St. Paul |
| 16. | 8 | Charlie Giese | 5:05.47a | Simley |
| 17. | 11 | Harry Audette | 5:10.30a PR | Hill-Murray |
| 18. | 12 | Joe Moore | 5:10.58a | Mahtomedi |
| 19. | 11 | Miguel Alvarez | 5:13.81a PR | South St. Paul |

| | | | | |
|-----|----|-----------------|-------------|-------------------|
| 20. | 10 | Xuefeng Yang | 5:17.67a PR | North St. Paul |
| 21. | 9 | Grant Dilla | 5:22.00a | Simley |
| 22. | 9 | Antonio Delfino | 5:22.04a | South St. Paul |
| | 12 | Sam Enderby | DNF | St Thomas Academy |

3200 Meters Varsity - Finals

| PL | YR | Name | Mark | Team |
|-----|----|---------------------|-----------|-------------------|
| 1. | 11 | Myles Fleming | 9:38.44a | Henry Sibley |
| 2. | 10 | Luke Kolar | 9:59.77a | St Thomas Academy |
| 3. | 11 | Griffin Myers | 10:05.46a | Hastings |
| 4. | 11 | David Nogle | 10:07.38a | Hastings |
| 5. | 11 | Ryan Tracy | 10:08.18a | St Thomas Academy |
| 6. | 12 | Noah Brenny | 10:15.73a | Hastings |
| 7. | 12 | Samuel Enderby | 10:19.18a | St Thomas Academy |
| 8. | 9 | Bennett Challifour | 10:44.19a | Henry Sibley |
| 9. | 11 | Yonas Araya | 10:45.79a | North St. Paul |
| 10. | 8 | Charlie Giese | 10:47.76a | Simley |
| 11. | 11 | Andrew Accola | 10:49.04a | Tartan |
| 12. | 10 | Ben Lundsten | 10:56.20a | Mahtomedi |
| 13. | 11 | Nathaniel Alemu | 10:56.96a | Tartan |
| 14. | 11 | Timothy Wilmot | 11:08.44a | Simley |
| 15. | 10 | Payton Weber-Rolfes | 11:14.71a | Henry Sibley |
| 16. | 11 | Sean Bearth | 11:38.20a | Tartan |
| 17. | 10 | Aaron Holslin | 11:47.90a | Mahtomedi |
| 18. | 12 | Quinten Jacobs | 11:48.38a | Simley |
| 19. | 9 | Eli Winslow Brewer | 12:04.06a | South St. Paul |
| 20. | 10 | Chandler Rosengren | 12:17.15a | South St. Paul |
| 21. | 11 | Jack Campbell | 12:29.49a | South St. Paul |
| 22. | 12 | Austin Koester | 12:59.90a | Mahtomedi |

110m Hurdles - 39" Varsity - Finals

| PL | YR | Name | Mark | Team |
|----|----|---------------------|-----------|-------------------|
| 1. | 11 | Jide Banjo | 15.81a | Tartan |
| 2. | 12 | Bryan Adams | 16.13a PR | Mahtomedi |
| 3. | 9 | Justin Sok | 16.69a PR | Simley |
| 4. | 11 | Savior Allen-Knight | 16.92a | North St. Paul |
| 5. | 9 | Joe Deyak | 17.83a | St Thomas Academy |
| 6. | 10 | Naeem Williams | 17.99a | Mahtomedi |
| 7. | 12 | Erik Vick | 18.17a | St Thomas Academy |
| 8. | 9 | William Johnson | 19.67a | Hastings |

110m Hurdles - 39" Varsity - Prelims

| PL | YR | Name | Mark | Team |
|-----|----|----------------------|--------|-------------------|
| 1. | 11 | Jide Banjo | 15.78a | Tartan |
| 2. | 11 | Savior Allen-Knight | 16.69a | North St. Paul |
| 4. | 9 | Justin Sok | 16.74a | Simley |
| 3. | 12 | Bryan Adams | 16.98a | Mahtomedi |
| 5. | 9 | Joe Deyak | 17.44a | St Thomas Academy |
| 6. | 10 | Naeem Williams | 17.91a | Mahtomedi |
| 7. | 12 | Erik Vick | 18.01a | St Thomas Academy |
| 8. | 9 | William Johnson | 18.04a | Hastings |
| 9. | 11 | Matthew Schulz | 18.41a | Mahtomedi |
| 10. | 11 | Sam King | 18.65a | South St. Paul |
| 11. | 9 | Tien Dang | 18.71a | Tartan |
| 12. | 12 | Nick Sampson | 19.15a | Hastings |
| 13. | 11 | Vinny Motzel | 19.21a | St Thomas Academy |
| 13. | 11 | Sincerie Wigand | 19.21a | South St. Paul |
| 15. | 10 | Kyle Splinter | 19.57a | North St. Paul |
| 16. | 9 | Steven Nickson | 20.02a | Henry Sibley |
| 17. | 10 | Gavin Christoffersen | 20.19a | South St. Paul |
| 18. | 11 | Josh Yang | 20.45a | Simley |
| 19. | 9 | Dennis Canada | 20.52a | Henry Sibley |
| 20. | 10 | Austin Weeks | 20.76a | Hastings |
| | 12 | Winston Carroll | DNF | North St. Paul |

300m Hurdles - 36" Varsity - Finals

| PL | YR | Name | Mark | Team |
|----|----|---------------------|-----------|-------------------|
| 1. | 11 | Savior Allen-Knight | 42.43a PR | North St. Paul |
| 2. | 12 | Nicholas Apitz | 42.81a PR | St Thomas Academy |
| 3. | 12 | Erik Vick | 43.61a SR | St Thomas Academy |
| 4. | 12 | Nick Sampson | 44.28a | Hastings |
| 5. | 9 | Gabriel Sirek | 45.36a PR | St Thomas Academy |
| 6. | 11 | Joe Mansour | 45.43a PR | Simley |
| 7. | 11 | Cole Deweese | 45.62a PR | Mahtomedi |
| 8. | 11 | Jide Banjo | 45.71a | Tartan |

300m Hurdles - 36" Varsity - Prelims

| PL | YR | Name | Mark | Team |
|-----|----|----------------------|--------|-------------------|
| 1. | 11 | Savior Allen-Knight | 42.97a | North St. Paul |
| 2. | 12 | Nicholas Apitz | 43.17a | St Thomas Academy |
| 4. | 12 | Nick Sampson | 44.22a | Hastings |
| 5. | 12 | Erik Vick | 44.64a | St Thomas Academy |
| 3. | 11 | Jide Banjo | 45.35a | Tartan |
| 6. | 9 | Gabriel Sirek | 45.64a | St Thomas Academy |
| 7. | 11 | Cole Deweese | 45.68a | Mahtomedi |
| 8. | 11 | Joe Mansour | 46.40a | Simley |
| 9. | 10 | Naeem Williams | 46.43a | Mahtomedi |
| 10. | 11 | Matthew Schulz | 46.54a | Mahtomedi |
| 11. | 9 | Justin Sok | 47.14a | Simley |
| 12. | 11 | Sam King | 47.69a | South St. Paul |
| 13. | 9 | William Johnson | 48.04a | Hastings |
| 14. | 9 | Grant Baker | 48.13a | South St. Paul |
| 15. | 9 | Dennis Canada | 48.37a | Henry Sibley |
| 16. | 9 | Tien Dang | 49.02a | Tartan |
| 17. | 10 | Austin Weeks | 49.05a | Hastings |
| 18. | 11 | Josh Yang | 49.28a | Simley |
| 19. | 10 | Gavin Christoffersen | 49.40a | South St. Paul |
| 20. | 9 | Steven Nickson | 49.41a | Henry Sibley |
| 21. | 10 | Kyle Splinter | 51.82a | North St. Paul |
| 22. | 12 | Winston Carroll | 52.53a | North St. Paul |

4x100m Relay Varsity - Finals

| PL | YR | Mark | Team |
|----|----|--------|-------------------|
| 1 | | 43.90a | Mahtomedi |
| 2 | | 45.26a | North St. Paul |
| 3 | | 45.58a | St Thomas Academy |
| 4 | | 46.23a | Henry Sibley |
| 5 | | 46.96a | Hastings |
| 6 | | 47.29a | Tartan |
| 7 | | 47.49a | South St. Paul |
| 8 | | 47.80a | Hill-Murray |

4x200m Relay Varsity - Finals

| PL | YR | Mark | Team |
|----|----|----------|-------------------|
| 1 | | 1:31.06a | Hastings |
| 2 | | 1:34.89a | Simley |
| 3 | | 1:37.07a | Henry Sibley |
| 4 | | 1:37.18a | St Thomas Academy |
| 5 | | 1:38.17a | North St. Paul |
| 6 | | 1:38.25a | Mahtomedi |
| 7 | | 1:38.29a | South St. Paul |

4x400m Relay Varsity - Finals

| PL | YR | Mark | Team |
|----|----|----------|-------------------|
| 1 | | 3:32.35a | Hastings |
| 2 | | 3:33.50a | Henry Sibley |
| 3 | | 3:37.08a | St Thomas Academy |
| 4 | | 3:37.37a | Mahtomedi |
| 5 | | 3:37.40a | Simley |
| 6 | | 3:40.66a | South St. Paul |
| 7 | | 3:42.41a | Tartan |

| | | |
|---|----------|----------------|
| 8 | 3:43.91a | Hill-Murray |
| 9 | 3:44.07a | North St. Paul |

4x800m Relay Varsity - Finals

| PL | YR | Mark | Team |
|----|----|-----------|-------------------|
| 1 | | 8:16.36a | St Thomas Academy |
| 2 | | 8:27.15a | Henry Sibley |
| 3 | | 8:32.03a | Mahtomedi |
| 4 | | 8:34.16a | Hastings |
| 5 | | 9:00.71a | Tartan |
| 6 | | 9:03.79a | North St. Paul |
| 7 | | 9:07.87a | South St. Paul |
| 8 | | 9:22.84a | Simley |
| 9 | | 10:04.47a | Hill-Murray |

Shot Put - 12lb Varsity - Finals

| PL | YR | Name | Mark | Team |
|----|----|------------------|----------|-------------------|
| 1. | 12 | Jake Kubiadowicz | 59-04.25 | North St. Paul |
| 2. | 12 | Kaleb Siekmeier | 56-10.50 | Mahtomedi |
| 3. | 12 | Josh Miser | 50-01.50 | Hastings |
| 4. | 10 | Jeremy Weldon | 47-10.00 | North St. Paul |
| 5. | 11 | Joe Kammeyer | 47-05.50 | Henry Sibley |
| 6. | 12 | Miguel Urbina | 46-03.50 | North St. Paul |
| 7. | 11 | Jack Tousignant | 45-07.75 | Hastings |
| 8. | 12 | Ben Kemp | 44-06.00 | Henry Sibley |
| 9. | 11 | Sean McManus | 43-11.50 | St Thomas Academy |

Shot Put - 12lb Varsity - Prelims

| PL | YR | Name | Mark | Team |
|-----|----|------------------|----------|-------------------|
| 1. | 12 | Jake Kubiadowicz | 59-04.25 | North St. Paul |
| 2. | 12 | Kaleb Siekmeier | 56-01.75 | Mahtomedi |
| 3. | 12 | Josh Miser | 50-00.75 | Hastings |
| 4. | 10 | Jeremy Weldon | 47-10.00 | North St. Paul |
| 5. | 11 | Joe Kammeyer | 46-06.50 | Henry Sibley |
| 6. | 12 | Miguel Urbina | 46-03.50 | North St. Paul |
| 7. | 11 | Jack Tousignant | 45-07.75 | Hastings |
| 8. | 12 | Ben Kemp | 44-06.00 | Henry Sibley |
| 9. | 11 | Sean McManus | 43-11.50 | St Thomas Academy |
| 10. | 11 | Sawyer Levos | 41-06.00 | Hastings |
| 11. | 12 | Levi Gustafson | 41-05.00 | South St. Paul |
| 12. | 11 | Sam Goaley | 41-04.50 | St Thomas Academy |
| 12. | 11 | Colton Frisch | 41-04.50 | South St. Paul |
| 14. | 12 | Riley Staedt | 40-01.00 | Mahtomedi |
| 14. | 12 | Caleb Dummer | 40-01.00 | South St. Paul |
| 16. | 12 | Wyatt Hermann | 39-11.75 | Mahtomedi |
| 17. | 11 | Mike Villarreal | 39-11.50 | Henry Sibley |
| 18. | 11 | Matthew Goldade | 38-09.00 | St Thomas Academy |
| 19. | 12 | Nathan Mathison | 35-09.00 | Simley |
| 20. | 11 | Alex Mix | 35-07.00 | Tartan |
| 21. | 11 | Brandon Floyd | 34-11.50 | Tartan |
| 22. | 11 | Noah Gilberg | 34-09.75 | Simley |
| 23. | 11 | Roman Ogren | 33-02.25 | Hill-Murray |
| 24. | 9 | Caleb Kaikai | 28-02.50 | Simley |
| | 12 | Alexander Bahl | DNS | Tartan |

Discus - 1.6kg Varsity - Finals

| PL | YR | Name | Mark | Team |
|----|----|------------------|--------|----------------|
| 1. | 12 | Jake Kubiadowicz | 189-00 | North St. Paul |
| 2. | 12 | Kaleb Siekmeier | 176-08 | Mahtomedi |
| 3. | 12 | Ben Kemp | 133-11 | Henry Sibley |
| 4. | 11 | Jack Tousignant | 132-10 | Hastings |
| 5. | 12 | Nathan Mathison | 130-03 | Simley |
| 6. | 12 | Miguel Urbina | 130-02 | North St. Paul |
| 7. | 12 | Riley Staedt | 127-05 | Mahtomedi |
| 8. | 11 | Sawyer Levos | 122-07 | Hastings |
| 9. | 12 | Nick Belmares | 117-05 | Henry Sibley |

Discus - 1.6kg Varsity - Prelims

| PL | YR | Name | Mark | Team |
|-----|----|------------------|--------|-------------------|
| 1. | 12 | Jake Kubiadowicz | 189-00 | North St. Paul |
| 2. | 12 | Kaleb Siekmeier | 173-02 | Mahtomedi |
| 3. | 11 | Jack Tousignant | 132-10 | Hastings |
| 4. | 12 | Ben Kemp | 130-05 | Henry Sibley |
| 5. | 12 | Nathan Mathison | 130-03 | Simley |
| 6. | 12 | Miguel Urbina | 130-02 | North St. Paul |
| 7. | 11 | Sawyer Levos | 122-07 | Hastings |
| 8. | 12 | Riley Staedt | 119-04 | Mahtomedi |
| 9. | 12 | Nick Belmares | 115-07 | Henry Sibley |
| 10. | 11 | Blake Kinzer | 112-10 | St Thomas Academy |
| 11. | 11 | Colton Frisch | 111-05 | South St. Paul |
| 12. | 10 | Jeremy Weldon | 111-04 | North St. Paul |
| 13. | 12 | Levi Gustafson | 109-06 | South St. Paul |
| 14. | 12 | Caleb Dummer | 109-00 | South St. Paul |
| 15. | 12 | Alex King | 108-09 | Hastings |
| 16. | 11 | Sam Goaley | 106-00 | St Thomas Academy |
| 17. | 11 | Sean McManus | 101-08 | St Thomas Academy |
| 18. | 11 | Alex Mix | 99-07 | Tartan |
| 19. | 12 | Evan Lawrence | 99-02 | Mahtomedi |
| 20. | 11 | Noah Gilberg | 96-03 | Simley |
| 21. | 9 | Caleb Kaikai | 93-01 | Simley |
| 22. | 10 | Joe Ayd | 88-03 | Henry Sibley |
| 23. | 11 | Mason Schuette | 86-03 | Tartan |
| | 12 | Alexander Bahl | DNS | Tartan |

High Jump Varsity - Finals

| PL | YR | Name | Mark | Team |
|-----|----|-----------------|------------|-------------------|
| 1. | 12 | Parker Fox | 6-05.00 | Mahtomedi |
| 2. | 12 | Jaylen Brownlee | 6-00.00 PR | Simley |
| 3. | 12 | Josh Miser | 6-00.00 PR | Hastings |
| 4. | 12 | Bryan Adams | 5-10.00 | Mahtomedi |
| 5. | 12 | Arik Johnson | 5-10.00 | Simley |
| 5. | 10 | Grady Clem | 5-10.00 | Henry Sibley |
| 7. | 9 | Ryan Millington | 5-08.00 PR | Mahtomedi |
| 8. | 12 | Andrew Johnson | 5-08.00 PR | Simley |
| 9. | 11 | Nick Gallegos | 5-06.00 SR | South St. Paul |
| 10. | 10 | Kian Abbott | 5-04.00 PR | St Thomas Academy |
| 11. | 11 | Koffi Adu | 5-02.00 | North St. Paul |
| 11. | 12 | Xavier Pinex | 5-02.00 | Tartan |
| 11. | 12 | Patrick Lupelow | 5-02.00 PR | Tartan |

Pole Vault Varsity - Finals

| PL | YR | Name | Mark | Team |
|-----|----|----------------------|----------|-------------------|
| 1. | 12 | Keegan Koeneman | 12-06.00 | Mahtomedi |
| 2. | 10 | Noah Hurley | 11-06.00 | North St. Paul |
| 3. | 12 | Ethan Kimmes | 11-00.00 | Hastings |
| 4. | 11 | Tristyn McMillen | 10-06.00 | Simley |
| 4. | 12 | Adam Chiarella | 10-06.00 | North St. Paul |
| 4. | 11 | Jack McNaney | 10-06.00 | St Thomas Academy |
| 7. | 12 | Alexander Kardashian | 10-06.00 | Mahtomedi |
| 8. | 11 | Lukas Adamsky | 10-06.00 | Hill-Murray |
| 9. | 10 | Adam Behun | 10-06.00 | Hill-Murray |
| 10. | 12 | John Matson | 10-06.00 | Mahtomedi |
| 11. | 10 | Matt Myers | 10-06.00 | Hastings |
| 12. | 10 | Logan Jones | 10-00.00 | Tartan |
| 12. | 10 | Joey Motzel | 10-00.00 | St Thomas Academy |
| 12. | 12 | Victor Lindgren | 10-00.00 | Hastings |

Long Jump Varsity - Finals

| PL | YR | Name | Mark | Team |
|----|----|----------------|-------------|-----------|
| 1. | 10 | Devon Richards | 21-03.00 PR | Simley |
| 2. | 11 | John Sass | 21-02.75 PR | Mahtomedi |

| | | | | | |
|----|----|-----------------|----------|----|----------------|
| 3. | 12 | Bryan Adams | 20-05.00 | PR | Mahtomedi |
| 4. | 12 | Nate Jamison | 20-04.00 | PR | Mahtomedi |
| 5. | 9 | Robert Witzany | 20-01.00 | PR | Hill-Murray |
| 6. | 12 | Andrew Johnson | 19-10.00 | PR | Simley |
| 7. | 11 | Nitia Fernandez | 19-05.50 | PR | North St. Paul |
| 8. | 12 | Ovie Embu | 19-04.00 | PR | Hastings |
| 9. | 10 | Zak Olafson | 19-03.75 | PR | Henry Sibley |

Long Jump Varsity - Prelims

| PL | YR | Name | Mark | Team | |
|-----|----|-----------------|----------|------|-------------------|
| 1. | 11 | John Sass | 21-02.75 | | Mahtomedi |
| 1. | 10 | Devon Richards | 21-02.75 | | Simley |
| 3. | 12 | Bryan Adams | 20-05.00 | | Mahtomedi |
| 4. | 9 | Robert Witzany | 20-01.00 | | Hill-Murray |
| 5. | 12 | Nate Jamison | 19-09.75 | | Mahtomedi |
| 6. | 12 | Andrew Johnson | 19-09.00 | | Simley |
| 7. | 11 | Nitia Fernandez | 19-05.50 | | North St. Paul |
| 8. | 12 | Ovie Embu | 19-04.00 | | Hastings |
| 9. | 10 | Zak Olafson | 19-03.75 | | Henry Sibley |
| 10. | 11 | Isakar Lopez | 18-07.25 | PR | Tartan |
| 11. | 12 | Arik Johnson | 18-06.75 | PR | Simley |
| 12. | 9 | Brian Adkins | 18-05.50 | | Hill-Murray |
| 13. | 10 | Kian Abbott | 17-11.75 | | St Thomas Academy |
| 14. | 10 | Grady Clem | 17-09.50 | | Henry Sibley |
| 15. | 11 | Hayden Niebur | 17-05.50 | | Hastings |
| 16. | 10 | Noah Kullman | 17-03.75 | | Hastings |
| 17. | 12 | Miftah Hassan | 17-03.00 | | North St. Paul |
| 18. | 11 | Sam King | 16-11.00 | | South St. Paul |
| 19. | 11 | Cade Sexauer | 16-10.50 | | South St. Paul |
| 20. | 9 | Maurice Pratt | 16-08.75 | | North St. Paul |
| 21. | 12 | Gallegos Nathan | 16-07.75 | PR | South St. Paul |
| 22. | 11 | Roman Ogren | 16-04.75 | PR | Hill-Murray |
| 23. | 11 | Riley Miller | 16-03.50 | | St Thomas Academy |
| 24. | 10 | Nicholas Spinks | 16-01.00 | PR | Tartan |
| 25. | 9 | Derek Dean | 15-00.50 | | Henry Sibley |
| | 11 | Anthony Owens | DNS | | St Thomas Academy |

Triple Jump Varsity - Finals

| PL | YR | Name | Mark | Team | |
|----|----|----------------|----------|------|-------------------|
| 1. | 10 | Ian Fosdick | 42-02.00 | | Mahtomedi |
| 2. | 11 | John Sass | 42-00.50 | | Mahtomedi |
| 3. | 12 | Nate Jamison | 40-08.00 | | Mahtomedi |
| 4. | 12 | Arik Johnson | 40-01.50 | | Simley |
| 5. | 11 | Hayden Niebur | 40-00.50 | | Hastings |
| 6. | 12 | Jacob Brown | 39-05.00 | | Hastings |
| 7. | 12 | Andrew Johnson | 39-03.50 | | Simley |
| 8. | 12 | Erik Vick | 38-09.50 | | St Thomas Academy |
| 9. | 11 | Isakar Lopez | 38-02.50 | | Tartan |

Triple Jump Varsity - Prelims

| PL | YR | Name | Mark | Team | |
|-----|----|-----------------|----------|------|-------------------|
| 1. | 11 | John Sass | 42-00.50 | | Mahtomedi |
| 2. | 10 | Ian Fosdick | 41-08.00 | | Mahtomedi |
| 3. | 12 | Nate Jamison | 40-08.00 | | Mahtomedi |
| 4. | 11 | Hayden Niebur | 40-00.50 | | Hastings |
| 5. | 12 | Arik Johnson | 39-09.50 | | Simley |
| 6. | 12 | Jacob Brown | 39-05.00 | | Hastings |
| 7. | 12 | Erik Vick | 38-09.50 | | St Thomas Academy |
| 8. | 12 | Andrew Johnson | 38-02.50 | | Simley |
| 9. | 11 | Isakar Lopez | 37-11.50 | | Tartan |
| 10. | 10 | Kian Abbott | 37-11.00 | | St Thomas Academy |
| 10. | 12 | Anthony Hurley | 37-11.00 | | Hill-Murray |
| 12. | 10 | Mike Jones | 37-09.00 | | South St. Paul |
| 13. | 9 | William Johnson | 37-07.50 | | Hastings |
| 14. | 10 | Thomas Thurlow | 37-06.00 | | St Thomas Academy |

| | | | | |
|-----|----|------------------|----------|----------------|
| 15. | 9 | Derek Dean | 37-05.50 | Henry Sibley |
| 16. | 10 | Grady Clem | 37-02.50 | Henry Sibley |
| 17. | 9 | Bao-Phong Nguyen | 36-10.50 | North St. Paul |
| 18. | 11 | Sam King | 36-07.00 | South St. Paul |
| 19. | 12 | Marcus Cole | 36-00.00 | Simley |
| 20. | 10 | Kyle Splinter | 35-04.00 | North St. Paul |
| 21. | 10 | Nicholas Spinks | 33-06.50 | Tartan |
| 22. | 12 | Sam Miotke | 32-10.00 | South St. Paul |
| | 10 | Rodney Palamore | DNS | North St. Paul |